

12:57PM - 1:09PM	Why is Palliative Care Important - Magnitude of the Need	Dr. Mubasher Ahmad	Dr. Rahul Sharma Dr. Sandeep Kour
1:09PM - 1:21PM	Communication Skills in Palliative Care	Dr. Rohit Lahori	
1:21PM - 1:33PM	Dying with Dignity - Isn't it Everyone's Right	Dr. Naine Bhadrata	
1:33PM - 1:45PM	IV NSAID - Role in Preventive and Palliative Pain Management	Dr. Swati Singh	
1:45PM - 2:00PM	Discussion		
2:00PM - 2:40PM	LUNCH		

### SESSION - CRITICAL CARE EMERGENCY MEDICINE - TIME : 2.40 PM - 4.00 PM

Time	Topic	Speaker	Chairpersons
2:40PM - 3:00PM	Bronchoscopy in the Critically Ill: Yes, No, maybe?	Dr. Rahul Gupta	Dr. Sanjay Bhasin Dr. Tilak Raj
3:00PM - 3:15PM	Refractory shock in ICU	Dr. Jasmeen Chowdhary	Dr. Satish Parihar
3:15PM - 3:30PM	Sudden cardiac arrest under MAC (Monitored Anaesthesia Care)	Dr. Pooja Bansal	Dr. Musthaq Wani
3:30PM - 3:45PM	CPR in Prone Position	Dr. Anu Manhas	
3:45PM - 4:00PM	Discussion		

### SESSION - HOW I DO IT - TIME : 4.00 PM - 5.15 PM

Time	Topic	Speaker	Chairpersons
4:00PM - 4:12PM	T1P1 block for thoracolumbar spine surgeries.	Dr. Fauzia Shifaat	Dr. Puja Vimesh
4:12PM - 4:24PM	Inter-truncal Supradavicular Block	Dr. Arti Mahajan	Dr. Loughi Bhan
4:24PM - 4:36PM	Subcostal Quadratus Lumborum block	Dr. Mushtaq Wani	Dr. Era Suri
4:36PM - 4:48PM	iPACK vs SPANK blocks for knee arthroplasty - how I do it	Dr. Kulkdeep Raina	Dr. Vishal Kant
4:48PM - 5:00PM	PEC Blocks	Dr. Suhail Bandey	
5:00PM - 5:15PM	Discussion		

## HALL - B (22<sup>ND</sup> SEPTEMBER)

### SESSION - PANEL DISCUSSION - TIME : 9.00 PM - 2.40 PM

Time	Topic	Speaker	Chairpersons
9:00AM - 10:15AM	Panel Discussion : Disaster Management	Moderator- Dr. D J Chakravarty	Panelists: Dr. Nandinder Bhatial Dr. Rahul Yadav Dr. Sanjay Sharma Dr. Manish Singh
10:15AM - 11:30AM	60 Second Shots		Judges : Dr. Arun K. Mehra Dr. Sanjay Kalsotra Dr. Smriti Anand
11:30AM - 1:30PM	PG QUIZ		
1:30PM - 2:00PM	Prize Distribution		
2:00PM - 2:40PM	LUNCH		

### SESSION - GENERAL - TIME : 2.45 PM - 04.00 PM

Time	Topic	Speaker	Chairpersons
2:45PM - 3:00PM	Renal transplant patient for non-transplant surgery	Dr. Ashwani Kumar	Dr. Elias Sharma Dr. Sandhya Arora
3:00PM - 3:15PM	Bottle neck after brain death certification in India	Dr. Sanjeev Puri	Dr. Vikrant Chandail Dr. Wasim Salman
3:15PM - 3:30PM	Obesity and Its Anesthetic Implications: Insights Gained from Bariatric Surgery	Dr. Shahnaz Geelani	
3:30PM - 4:00PM	Discussion		

### SESSION - YUVA SESSION (BY JUNIOR & SENIOR RESIDENTS) : 4.00 PM - 05.00 PM

Time	Topic	Speaker	Chairpersons
4:00PM- 5:00PM (7 minutes each)	Nurturing residents beyond academics: What they need!	Dr. Meenakshi	Dr. Abhilasha Gupta Dr. Shipra Gupta
	Anaesthesia conferences: As youngsters see them	Dr. Magna Mani	Dr. Preeti Sharma Dr. Priya Matoo
	Careers in Anaesthesiology. Life after post-graduation in anaesthesiology...in search of greener pastures!	Dr. Aqib Agha	Dr. Tanuja Chambyal
	The night shift nightmare	Dr. Simran	
	Burnout in Anaesthesiology Residents; it's time for action	Dr. Linal Maryam	
	Become a successful anaesthesiologist. What personal characteristics are essential	Dr. Megha Gandotra	

Things to know as you near the end of your anaesthesia training	Dr. Medha	
Anaesthesiology & Workplace Violence	Dr. Disha Dogra	
Finding Passion in profession as anesthesiologist	Dr. Zahida Aziz	

## HALL - C (22<sup>ND</sup> SEPTEMBER)

### SESSION - GENERAL - TIME : 9.00 AM - 10.15 AM

Time	Topic	Speaker	Chairpersons
9:00AM - 9:15AM	Apnoeic oxygenation in obese	Dr. Swati Dogra	Dr. Ajay Sood
9:15AM - 9:30AM	Second generation supraglottic devices	Dr. Rohey Jan	Dr. Dara Singh
9:30AM - 9:45AM	Accidental extubation in prone position	Dr. Santosh Rajput	Dr. Amit Manhas
9:45AM - 10:00AM	Difficult extubation	Dr. Shikha Sharma	Dr. Shyamli Jammwal
10:00AM - 10:15AM	Discussion		

### SESSION - PAIN/ REGIONAL - TIME : 10.15 AM - 11.15 AM

Time	Topic	Speaker	Chairpersons
10:15AM - 10:30AM	Segmental spinal block; pearls and pitfalls	Dr. Madan Katoch	Dr. Parul Gohil
10:30AM - 10:45AM	How is MSK Ultrasound different from USG Regional anaesthesia	Dr. Akhil Bhalla	Dr. Subash Thakur Dr. Shikha Sharma
10:45AM - 11:00AM	Contents of the adductor canal and implications of the different sites of injection	Dr. Pankaj Gupta	Dr. Rajesh Angral
11:00AM - 11:15AM	Discussion		

### SESSION - HIGH IMPACT SHORTS - TIME : 11.15 AM - 12.15 PM

Time	Topic	Speaker	Chairpersons
11:15AM - 11:25AM	Drug induced iatrogenic toxicity in ICU	Dr. Shruti Gupta	Dr. Renu Wakhloo
11:25AM - 11:35AM	Recognition and Management of Perioperative Anaphylaxis	Dr. Ajay Gupta	Dr. Roeha Panghal Dr. Shyam K Gupta
11:35AM - 11:45AM	Anesthetic challenges in opioid addicts	Dr. Shruti Sharma	Dr. Roshini Gupta
11:45AM - 11:55AM	Repeat spinal/ GA after failed spinal block for LSCS	Dr. Neeru Gupta	
11:55AM - 12:15PM	Discussion		

### SESSION - CURRENT AFFAIRS - TIME : 12.15 PM - 01.15 PM

Time	Topic	Speaker	Chairpersons
12:15PM - 12:30PM	Managing work life balance for female anaesthetist	Dr. Neha Sharma	Dr. Sangeeta Kotwal Dr. Rachna Sabharwal
12:30PM - 12:45PM	Hyperthermic Intra-peritoneal Chemotherapy: Challenges and pitfalls	Dr. Roshini Gupta	Dr. Ajay Gupta
12:45PM - 01:00PM	Ten common mistakes by the anaesthesiologists that can be catastrophic in OT settings	Dr. Smriti Anand	Dr. Pankaj Kumar
01:00PM - 01:15PM	Discussion		
01:15PM - 02:00PM	Panel Discussion on Private Practice Moderator- Dr. Jyoti Bedi	Dr. Rambhushan Singh Dr. Sanjay Kalsotra Dr. Anshu Roy Dr. Rasmeeth Kour Dr. Jameel Hussain Dr. Rohit Gupta	
2:00PM - 2:40PM	LUNCH		

### SESSION - PROS-CONS SESSION - TIME : 2.40 PM - 04.20 PM

Time	Topic	Speaker	Chairpersons
02:40PM - 03:00PM	Addition of Adjuvants to local anaesthetics	Pros- Dr. Ashuifa Rasool Cons- Dr. Salma Mariyam	Dr. Naine Bhadrata Dr. Shruti Gupta
03:00PM - 03:20PM	Regional Anaesthesia Prevents Postoperative Cognitive Dysfunction; pros and cons	Pros- Dr. Kunal Sharma Cons- Dr. Rumani Ruku	Dr. Vikas Gupta Dr. Sanam Kassana
03:20PM - 03:40PM	Rapid sequence induction in all cases requiring general anaesthesia?	Pros- Dr. Loveleen Kaur Cons- Dr. Rajdeep Kaur	
03:40PM - 04:00PM	Sugar versus salt in raised ICP	Sugar - Dr. Neha Dang Salt - Dr. Isha Gupta	
04:00PM - 04:20PM	Discussion		



# NZ ISACON 2024

# MENTORSHIP : DEVELOPING, GUIDING & SUPPORTING

## 20<sup>th</sup>, 21<sup>st</sup>, 22<sup>nd</sup> Sept. 2024

**Conference Venue:**  
**GOVERNMENT MEDICAL  
COLLEGE, JAMMU**



Scientific  
Programme

Organized by:  
Department of Anaesthesiology,  
Critical Care & Pain Medicine, Govt. Medical College, Jammu

# SCIENTIFIC PROGRAM NZ ISACON 2024 (20-22 September) at GMC, Jammu DAY - 1 (21<sup>ST</sup> SEPTEMBER)

8:00AM - 9:00AM (Registration and Breakfast)  
FLAG HOISTING - 8:30 AM

## HALL - A (21<sup>ST</sup> SEPTEMBER)

### SESSION - PEDIATRICS - TIME : 9.00 AM - 10.00 AM

Time	Topic	Speaker	Chairpersons
9.00AM - 9.15AM	Paediatric obesity- Myths and facts	Dr. Parul Jindal	Dr. Tej K. Koul
9.15AM - 9.30AM	Vascular access in children- tricks for pricks	Dr. Anuradha Bali	Dr. Ghanshyam Saini
9.30AM - 9.45AM	Turning blue on way to PACU	Dr. Apurva Sadhoo	Dr. Nusrat Jehan
9.45AM - 10.00AM	Discussion		Dr. Rajesh Mahajan

### SESSION - CHRONIC PAIN - TIME : 10.00 AM - 11.30 AM

Time	Topic	Speaker	Chairpersons
10:00AM - 10:15AM	Recent updates on cannabis in chronic pain management	Dr. Ravi Shankar Sharma	Dr. Sangeeta Gupta Dr. Madan Katoch
10:15AM - 10:30AM	Regenerative medicine; a new dimension to pain medicine	Dr. Nandita Mehta	Dr. Mayank Gupta Dr. Vivek Rishi
10:30AM - 10:45AM	Trigeminal Neuralgia	Dr. Raj Kumar Arora	
10:45AM - 11:00AM	How I do it ? Celiac plexus block	Dr. Snigdha Singh	
11:00AM - 11:20AM	IV lignocaine infusion for pain management	Pro: Dr. Jeetinder Kaur Con: Dr. Sandeep Kapur	
11:20AM - 11:30AM	Discussion		

### SESSION - ANESTHESIA UPDATES - TIME : 11.30 AM - 12.30 PM

Time	Topic	Speaker	Chairpersons
11:30AM - 11:45AM	"How ISA helps to become a better edition of yourself"	Dr. Sukhminder Singh Bajwa	Dr. Smriti Gulati Dr. Showkat Ahmed Gurcoo
11:45AM - 12:00PM	Multimodal anaesthesia in the current era and future perspectives	Dr. Suresh Kumar Singhal	Dr. Vanilla Chopra Dr. Karan Singla
12:00PM - 12:15PM	Personalised Fluid Therapy with Bioreactance Technology	Dr. Shivani Sivakandan	
12:15PM - 12:30PM	Discussion		

### SESSION - ORATION LECTURES - TIME : 12.30 PM - 2.00 PM

Time	Topic	Speaker	Chairpersons
12:30PM - 1:15PM	Dr. Pritam Singh - Oration Mentorship in Anaesthesia	Prof. YK Batra	Dr. Veena Chattrath Dr. JP Attri Dr. Anju Jambwal
1:15PM - 2:00PM	Dr. G L Kamra Oration - Growing with gases	Prof. Umesh Kumar Bhadani	Dr. Suresh Kumar Singhal Dr. Susheela Taxak Dr. Anita Vig
2:00PM - 2:40PM	LUNCH		

### SESSION - CHRONIC PAIN - TIME : 2.40 PM - 3.40 PM

Time	Topic	Speaker	Chairpersons
2:40PM - 3:00PM	Particulate steroids in chronic pain; current evidence	Dr. Jeetinder K Makkar	Dr. GB Kohli Dr. Ruchi Gupta
3:00PM - 3:15PM	Supra-Zygomatic approach to sphenopalatine ganglion block and RF ablation	Dr. Mayank Gupta	Dr. Babita Ghai Dr. Rakesh Sadhu
3:15PM - 3:30PM	Cooled Radiofrequency Ablation For Knee Genicular Nerves	Dr. Mohd Yunus Khilji	
3:30PM - 3:45PM	Discussion		
3:45PM - 5:00PM	Neuropathic Pain	Moderator: Dr. Ruchi Gupta	Panelists: Dr. Nandita Mehta Dr. Vanita Ahuja Dr. Ravi S. Sharma Dr. Mohd Yunus Khilji
5:00PM - 6:00PM	GBM		

## HALL - B (21<sup>ST</sup> SEPTEMBER)

### SESSION - GENERAL ANAESTHESIA - TIME : 9.00 AM - 10.00 AM

Time	Topic	Speaker	Chairpersons
9.00AM - 9.15AM	Low flow Anaesthesia	Dr. Rajeshwari	Dr. Mahesh Sinha
9.15AM - 9.30AM	Artificial Intelligence in Anesthesia	Dr. Arun Mehra	Dr. Gurmeet Reen
9.30AM - 9.45AM	Recent trends in weaning from mechanical ventilation	Dr. Jitendra Chahar	Dr. Rajinder Singh Dr. Aijaz Rasool
9.45AM - 10.00AM	Discussion		

### SESSION - INTENSIVE CARE - TIME : 10.00 AM - 11.10 AM

Time	Topic	Speaker	Chairpersons
10:00AM - 10:15AM	Futility in Critical Care	Dr. Ritu Singh	Dr. Harinder Pal
10:15AM - 10:30AM	Point of care testing in critical care	Dr. Norinder Pal Singh	Dr. Ashwini Reddy
10:30AM - 10:45AM	Fluid re-resuscitation in critical illness - A journey into uncertain territory	Dr. Mohd Yaseen	Dr. Arun Gupta Dr. Bisman Jeet Khurana
10:45AM - 11:00AM	Discussion		

### SESSION : AIRWAY - TIME : 11.00 AM - 12.30 PM

Time	Topic	Speaker	Chairpersons
11:00AM - 11:15AM	The nuts and bolts of managing a physiologically difficult airway	Dr. Mamta Harjai	Dr. Mukta Jitendra Dr. Rubina Makkar
11:15AM - 11:30AM	Airway Management in temporomandibular joint ankylosis	Dr. Mohd Sadiq Malla	Dr. Shelly Mahajan Dr. Anjali Mehta
11:30AM - 11:45AM	Trouble shooting in video laryngoscopy	Dr. Iqra Nazir	
11:45AM - 12:00PM	Techniques of lung isolation	Dr. Sangeeta Khanna	
12:00PM - 12:30PM	Discussion		
12:30PM - 2:00PM	Oration Lecture in Hall A		
2:00PM - 2:40PM	LUNCH		

### SESSION - CRITICAL CARE - TIME : 2.45 PM - 3.45 PM

Time	Topic	Speaker	Chairpersons
2:45PM - 3:00PM	Pressure sore injury prevention, treatment & Management: Equation of Quality & Cost	Dr. Vikas Kakkar	Dr. Hina Bashir Dr. Gaurav Kumar
3:00PM - 3:15PM	Pulmonary Embolism in ICU	Dr. Afzal Azim	Dr. Ratnakar Sharma
3:15PM - 3:30PM	Toxidromes / Toxic Syndromes	Dr. Veena Chattrath	Dr. Vishal Tandon
3:30PM - 3:45PM	Discussion		

### SESSION - NEURO-ANAESTHESIA - TIME : 3.45 PM - 5.20 PM

Time	Topic	Speaker	Chairpersons
3:45PM - 4:10PM	Aneurysmal Subarachnoid Haemorrhage (aSAH): Navigating the storm, perioperative challenges in aSAH	Dr. Nidhi P. / Dr. Gyaninder / Dr. Shobhi / Dr. Narendra (PBLD)	Dr. Gurjeet Khurana Dr. Rubina Nazir Dr. Furkan Nizami Dr. Hardeep Kumar
4:10PM - 4:25PM	Intracavity in the anaesthetic management of Post Fossa tumor Surgery	Dr. Summit Bloria	
4:25PM - 4:50PM	Traumatic brain injury (TBI): Perioperative puzzle in managing patient with TBI	Dr. Gyaninder / Dr. Nidhi P / Dr. Ashwini / Dr. Kalcharan (PBLD)	
4:50PM - 5:05PM	Anaesthesia for Pituitary surgery: Key considerations and challenges	Dr. Sarika Juneja	
5:05PM - 5:20PM	Discussion		

## HALL - C (21<sup>ST</sup> SEPTEMBER)

### SESSION - TRAUMA - TIME : 9.00 AM - 10.00 AM

Time	Topic	Speaker	Chairpersons
9.00AM - 9.15AM	Latest protocols in sepsis	Dr. Vanilla Chopra	Dr. D S Charak
9.15AM - 9.30AM	Tips & tricks for anaesthesia for Robotic surgery	Dr. Heena Saini	Dr. Kulbhushan K Mahotra
9.30AM - 9.45AM	Paediatric trauma - How is it different	Dr. Arti Rajput	Dr. Kajal Jain
9.45AM - 10.00AM	Discussion		Dr. Nishtha Kachru

### SESSION - OBSTETRICS - TIME : 10.00 AM - 11.30 AM

Time	Topic	Speaker	Chairpersons
10:00AM - 10:15AM	Polytrauma in pregnancy	Dr. Kajal Jain	Dr. Sandeep Sud
10:15AM - 10:30AM	Postpartum haemorrhage - Anaesthesia & implications (Current recommendations & guidelines)	Dr. Sandeepika Dogra	Dr. Raghu Raj Sharma Dr. Rajinder Kour Dr. Jyotsna Suri
10:30AM - 10:45AM	The Spectrum of Pre-eclampsia: What's New?	Dr. Shahina Parveen	
10:45AM - 11:00AM	Airway management in obstetric patient. What's new?	Dr. Renu Wakhloo	

Time	Topic	Speaker	Chairpersons
11:00AM - 11:15AM	Peripartum Intracranial bleed	Dr. Vinca Koul	
11:15AM - 11:30AM	Discussion		
SESSION : REGIONAL ANAESTHESIA - TIME : 11.30 AM - 12.30 PM			
Time	Topic	Speaker	Chairpersons
11:30AM - 11:45AM	Persistent neurological deficits following regional anaesthesia - Managing the situation	Dr. Nishtha Kachru	Dr. J P Attri Dr. Naresh Anand
11:45AM - 12:00PM	Ultrasound for sympathetic block - Is it the holy grail	Dr. Jyotsna Punj	Dr. Hirachand S Mutagi
12:00PM - 12:15PM	Managing Rib Fracture pain with Serratus Anterior Plane Block Catheter : Tips and tricks	Dr. Sandeep Kapur	Dr. Ashwani Kumar
12:15PM - 12:30PM	Discussion		
12:30PM - 2:00PM	Oration Lecture in Hall-A		
2:00PM - 2:40PM	LUNCH		
SESSION - CARDIAC ANAESTHESIA - TIME : 2.40 PM - 4.00 PM			
Time	Topic	Speaker	Chairpersons
2:40PM - 2:55PM	Peripartum cardiomyopathy - Anesthetic implications	Dr. Rubina Makkar	Dr. Sudarshan Gupta Dr. Divesh Kaur
2:55PM - 3:10PM	Dilemma of perioperative ECG changes	Dr. Arun Gupta	Dr. Anjum Shamim
3:10PM - 3:25PM	Managing patients with implant devices	Dr. KaNa Krishna Prasad	Dr. Rajesh Arora
3:25PM - 3:40PM	Management of right heart failure in perioperative patients	Dr. Pooja Vimesh	
3:40PM - 4:00PM	Discussion		
4:00PM - 5:00PM	Panel Discussion : Non-Operating Room Anesthesia (NORA)	Moderator: Dr. Ranika Manhas Dr. Mehak Gul	Panelists: Dr. Priyanka Pathak Dr. Priya Chouhan Dr. Aprajita Dr. Eman Dr. Auwaise Dr. Tavni

## DAY - 2 (22<sup>ND</sup> September)

8:00AM - 9:00AM (Registration and Breakfast)

## HALL - A (22<sup>ND</sup> SEPTEMBER)

### SESSION - PRO-CON SESSION - TIME : 9.00 AM - 11.00 AM

Time	Topic	Speaker	Chairpersons
9:00AM - 9:20AM	Stay and play vs. scoop and run in trauma patient	Dr. Swati Tidyol Dr. Updesh Kumar	Dr. Vanita Sharma Dr. Seema Gupta
9:20AM - 9:40AM	Routine use of reversal with Sugammadex	Dr. Sucheta Han Dr. Manoj Maitan	Dr. Rakesh Sadhu Dr. Ranjana Khetrapal
9:40AM - 10:00AM	Targeting pressure versus perfusion in septic shock	Dr. Afzal Azim Dr. Ritu Singh	
10:00AM - 10:20AM	Use of CVP in ICU - Pros/Cons	Dr. Laughi Bhan Dr. Nymphia Koul	
10:20AM - 10:35AM	Discussion		

### SESSION - GENERAL - TIME : 10.35 AM - 11.45 PM

Time	Topic	Speaker	Chairpersons
10:35AM - 10:50AM	High risk consent - How much to reveal	Dr. Anju Jambwal	Dr. Brij Mohan
10:50AM - 11:05AM	ERAS(Enhanced Recovery After Major Surgery)	Dr. Nandita Mehta	Dr. Anita Vig
11:05AM - 11:20AM	Risk assessment tools for emergency surgeries	Dr. Sangeeta Katwal	Dr. D J Chakravarty
11:20AM - 11:35AM	Implementing checklists - why it is important?	Dr. Ankit Attri	Dr. Arti Mahajan
11:35AM - 11:45AM	Discussion		

### SESSION - EMERGENCY - TIME : 11.45 PM - 12.45 PM

Time	Topic	Speaker	Chairpersons
11:45AM - 12:00PM	Anaesthetist as Emergency Physicians	Dr. Anita Vig	Dr. Anju Jambwal
12:00PM - 12:15PM	Massive Transfusion Protocol: What, When, How?	Dr. Meeno Siddhu	Dr. Naveen Akhtar Dr. Mubasher Ahmad
12:15PM - 12:30PM	Targeted Temperature Monitoring in Head Injury Patients	Dr. Anjali Mehta	Dr. Nymphia Koul
12:30PM - 12:45PM	Discussion		

### SESSION - PALLIATIVE CARE - TIME : 12.45 PM - 2.00 PM

Time	Topic	Speaker	Chairpersons
12:45PM - 12:57PM	Scope of Anaesthesiologist as Palliative Care Physician	Dr. Nusrat Jehan	Dr. Pramod Kalsotra Dr. Zahoor Hussain